

# Communicate to the MAX!

*Strategies for Parents & Professionals to Promote Language*



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## Disclosure:

No relevant financial or nonfinancial relationship exists with FTF.

Words to Grow On LLC,  
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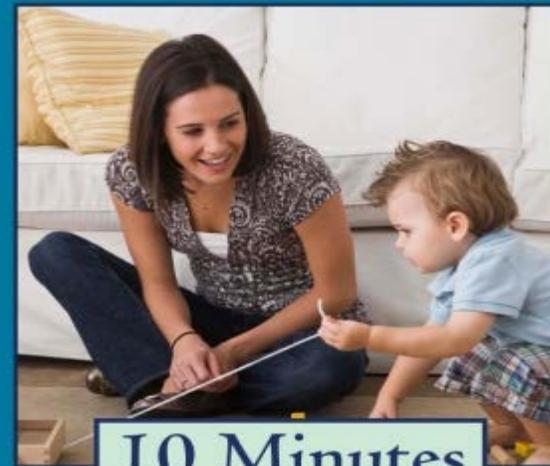
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## Disclosure:

10 Minutes for Talking Book Series, Author (receives royalties).



**10 MINUTES FOR TALKING**  
USE DAILY ACTIVITIES TO MAXIMIZE COMMUNICATION!



### 10 Minutes for Talking

HOW TO RAISE A STRONG COMMUNICATOR IN  
10 MINUTES A DAY  
THE FIRST FOUR YEARS  
2ND EDITION

AMY MASCHUE, M.S. CCC-SLP  
SPEECH PATHOLOGIST,  
MOM OF 6

### 10 MINUTES FOR TALKING HOME PROGRAM GUIDEBOOK



HOW FAMILIES CAN USE DAILY ACTIVITIES TO  
MAXIMIZE THE COMMUNICATION OF CHILDREN  
WITH AUTISM AND OTHER COMMUNICATION  
DELAYS IN JUST 10 MINUTES A DAY!

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## Disclosure:

TheTalkMom.com, Blogger  
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# Early Communication

Biggest “problem”?

Best “solution”?

“The Early Word Catastrophe”

30 Million Word Gap by Age 3 varied by Income

Hart & Risley (2003)

# Communicate to the...

**M**...Multiple

**A**...Animated

**X**...eXchanges

# Patterns!!!

K I D S

Can you guess what I'm thinking of?



# It's MORE than WORDS

Core Skills Required for Conversational Language:

- Take Turns Talking
- Engage with Your Eyes
- Notice Nonverbals



# Four Foundational Communication Patterns

- ✓ Use Eye Contact
- ✓ Initiate & Respond
- ✓ Notice & Use Pauses
- ✓ Share Words

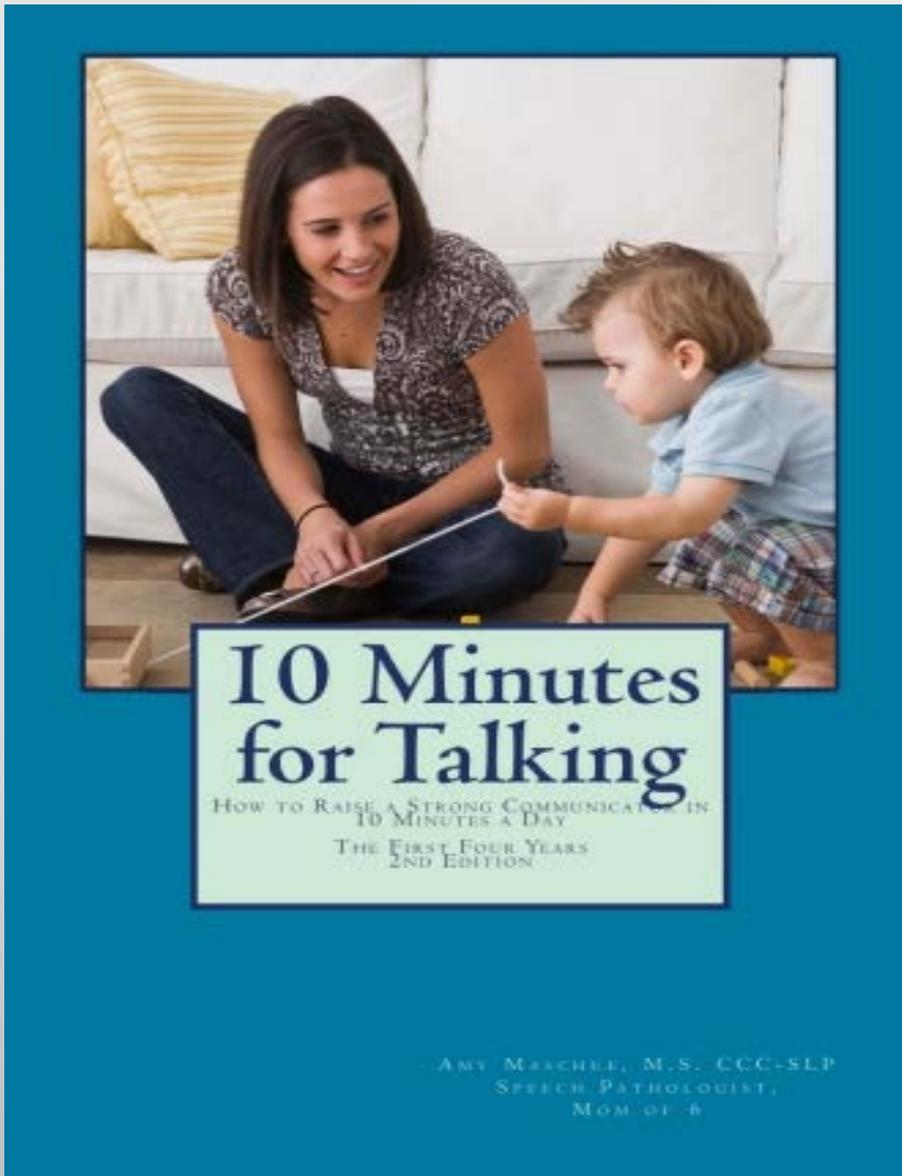


# Communicate to the MAX!

## PATTERNS

- ✓ Teach at Child's "Growing Edge"
- ✓ Use Daily Activities





## INFANT TALK Brushing Hair and Teeth



Toothbrushing is where my Tommy cheated it up. His eyes & mouth would get wide as I told him stories in the saga of Capitan Tommy Toothbrush & The Evil Twins Plaque & Gíngivítis. Here he is doing his evil grin. ~The Talk Mom

Brushing hair and teeth can be stressful activities because some children are sensitive to the feel of the brushes. Associating brushing activities with "fun", social time with a parent/caregiver can actually make brushing hair and teeth a fun, language-learning activity. The earlier you start the better! Try these suggestions for maximizing the communication potential of your infant during your brushing routine.

### *The Talk Mom's* Top 10: 1<sup>st</sup> Year Brushing Interaction Ideas

1	Hold your child so that he faces you at eye-level as you gently brush his hair. Smile and say soothing things in a calm, low voice (e.g., It feels good to have your hair brushed).
2	Let your child touch your hair as you brush his hair/teeth.
3	Use an child-size toothbrush on the inside of his cheeks and tongue. This activity stimulates the nerve endings in the mouth and will encourage vocalizations and mouth "games" (e.g., raspberries, lip popping/smacking, etc.).
4	Bring in a doll/superhero and practice brushing its teeth/hair.
5	Sing a silly song about brushing your teeth while you brush your child's teeth (e.g., You brush your teeth, Cha Cha Cha Cha Cha Cha Cha Cha Cha).
6	Make up songs or stories where characters say "ah" or "ee".
7	Make silly faces in the mirror while your child looks into it. Exaggerate motions with your eyes as you brush your child's hair/teeth.
8	Describe how you are brushing (e.g., straight down, in circles, long or short strokes, etc.).
9	Describe what you're doing as you brush your child's hair/teeth (e.g., "I'm brushing your brown hair. Your hair is so soft."). This activity teaches grammatical forms and increases vocabulary.
10	Recite poems or sing counting songs that help give a sense of how long brushing hair and teeth should take.

# “Growing Edge”



Infant Talk  
Birth-1yr  
Nonverbal





1<sup>st</sup> Year

Patterns a Child “Knows”

I DO something to GET something

I learn through my senses

# Example Early 1<sup>st</sup> Year Communication Patterns



# Example Later 1<sup>st</sup> Year Communication Patterns



# “Growing Edge”



Baby Talk  
1-2 yrs  
Single Words





2<sup>nd</sup> Year

Patterns a Child “Knows”

I DO something to GET something

I learn through my senses

Words Work

# “Growing Edge”



Toddler Talk  
2-3 yrs  
Telegraphic





3<sup>rd</sup> Year

Patterns a Child "Knows"

I DO something to GET something

I learn through my senses

Words Work

You think I think

# “Growing Edge”



Preschooler Talk  
3-5 yrs  
Conversational





4<sup>th</sup> Year

## Patterns a Child "Knows"

I DO something to GET something

I learn through my senses

Words Work

You think I think

Our thoughts RELATE to each other

# Empower Parents to Communicate to the MAX

- ✓ Use Observational Tools
- ✓ Target Specific Strategies & Skills
- ✓ Be Practical & Functional



# Daily Activity Strategy #1: Rule of Ten

**T**...Take Turns Talking



Questions

**E**...Engage with Your Eyes

Gumby Maneuvers



**N**...Notice Nonverbals



Pause Time



# Daily Activity Strategy #2: Sticky Note



What did you do?  
pushed, buttoned, closed, pulled,  
popped, jumped, cooked, worked, etc.

Getting Dressed  
Yesterday



# Daily Activity Strategy #3: Toystorming



# Daily Activity Strategy #3: Toystorming



# Daily Activity Strategy #4: Talk Through

- Teaches Situational Awareness during Conversation
- Can be used throughout first 4yrs
- Grows language & repairs breakdowns



# Talk Through Steps & Examples

1. Describe/interpret behavior.
2. Tell how behavior effects others.
3. Brainstorm/offer possible solution(s).
4. Help child execute “best” solution.





## CALL TO ACTION!

Tweet your best idea for parents  
to help their young child  
communicate to the MAX in daily activities.

**#communicatetotheMAX**

# Learner Outcomes

Learn practical strategies to enhance daily interactions to help young children communicate to the MAX!

- Acquire flexible communication
- Perform successful communication breakdown repair

